

PRODUCT MONOGRAPH

Pr Derma-Smoothe/FS[®]

Fluocinolone acetonide

Topical Oil, 0.01% w/v

House Standard

Topical Corticosteroid

Manufacturer:
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Control Number: 214148

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PRODUCT MONOGRAPH

Pr DERMA-SMOOTH/FS®

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House Standard

Topical Corticosteroid

PART I: HEALTH PROFESSIONAL INFORMATION

SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	Clinically Relevant Nonmedicinal Ingredients
Topical	Topical Oil / 0.01% w/v	Refined Peanut Oil NF, Mineral Oil Light, Oleth-2, Isopropyl Myristate, Isopropyl Alcohol, Cream Fragrance, Balsam Pine Fragrance. <i>For a complete listing see Dosage Forms, Composition and Packaging section.</i>

INDICATIONS AND CLINICAL USE

Derma-Smoothe/FS® Topical Oil (fluocinolone acetonide 0.01% w/v) is a low to medium potency corticosteroid indicated for:

- Treatment of atopic eczema in adults.
- Treatment of moderate to severe atopic dermatitis in children 3 months to 12 years. It may be used for a maximum duration of 4 weeks on the body. It is not indicated for use on the face or in the diaper or anogenital areas. Derma-Smoothe/FS® topical oil should not be used on infants under the age of 3 months.

Geriatrics (>65 years of age)

Clinical studies have not been conducted in populations >65 years of age.

Pediatrics

Safety and efficacy data are available for a very limited number of patients under the age of one year. Derma-Smoothe/FS® topical oil should be used on children between the ages of 3 months and one year only if the potential benefit justifies the potential risks. See also **Endocrine and Metabolism, Special Populations - Pediatrics, Clinical trial Adverse Drug Reactions and Clinical Trials.**

CONTRAINDICATIONS

- Derma-Smoothe/FS® Topical Oil is contraindicated in those patients with a history of hypersensitivity to any of the components of the preparation. This product contains refined peanut oil NF (see **WARNINGS AND PRECAUTIONS** section). For a complete listing see Dosage Forms, Composition and Packaging section.
- Patients who are hypersensitive to other corticosteroids.

- Patients with viral (e.g. herpes or varicella) lesions of the skin, bacterial or fungal skin infections, parasitic infections, skin manifestations relating to tuberculosis or syphilis, eruptions following vaccinations.
- Topical application to the eye is contraindicated, especially in the presence of ophthalmologic infections.

WARNINGS AND PRECAUTIONS

General

Derma-Smoothe/FS[®] is formulated with 48% refined peanut oil NF. Physicians should use caution in prescribing Derma-Smoothe/FS[®] for peanut-sensitive individuals. In clinical trials, one peanut-sensitive child experienced a flare of his atopic dermatitis after 5 days of twice daily treatment with Derma-Smoothe/FS[®]. There have also been post-market reports of reactions to Derma-Smoothe/FS[®] topical oil attributed to peanut allergy. See **Post-Market Adverse Drug Reactions** and **CLINICAL TRIALS**.

Derma-Smoothe/FS[®] should not be used in intertriginous areas or under occlusion. When used under occlusive dressing over extensive areas or on the face, scalp, axillae or scrotum, sufficient absorption may occur to result in adrenal suppression and other systemic effects (see **Endocrine and Metabolism**).

Carcinogenesis and Mutagenesis

Long term animal studies have not been performed to evaluate the carcinogenic potential or the effect on fertility of Derma-Smoothe/FS[®] Topical Oil.

Studies have not been performed to evaluate the mutagenic potential of fluocinolone acetonide, the active ingredient in Derma-Smoothe/FS[®]. Some corticosteroids have been found to be genotoxic in various genotoxicity tests (i.e. the *in vitro* human peripheral blood lymphocyte chromosome aberration assay with metabolic activation, the *in vivo* mouse bone marrow micronucleus assay, the Chinese hamster micronucleus test and the *in vitro* mouse lymphoma gene mutation assay).

Cardiovascular

Suitable precautions should be taken when using topical corticosteroids in patients with stasis dermatitis and other skin diseases with impaired circulation.

Endocrine and Metabolism

Systemic absorption of topical corticosteroids can produce reversible hypothalamic-pituitary-adrenal (HPA) axis suppression and the potential for adrenal insufficiency after sudden withdrawal of treatment. Manifestations of Cushing's syndrome, hyperglycemia, and glycosuria can also be produced in some patients by systemic absorption of topical corticosteroids while on treatment.

Conditions which augment systemic absorption include the application of topical corticosteroids over large body surface areas, prolonged use, or the addition of occlusive dressings. If patients must be treated over large body surface areas, they should be evaluated periodically for evidence of HPA axis suppression (see **Monitoring and Laboratory Tests**). If HPA axis suppression is noted, an attempt should be made to withdraw the drug, to reduce the frequency of application, or to substitute a less potent steroid.

Recovery of HPA axis function is generally prompt and complete upon discontinuation of topical corticosteroids. Infrequently, signs and symptoms of glucocorticosteroid insufficiency may occur requiring supplemental systemic corticosteroids. For information on systemic corticosteroid supplementation, see prescribing information for those products.

Pediatric patients may be more susceptible to systemic toxicity from equivalent doses because of their larger skin surface to body mass ratios (See **Special Populations-Pediatrics**). As well, there is some evidence in the literature to suggest that the barrier function and water-handling properties of the stratum corneum become adult-like only after the first year of life.¹⁶ As such, infants in the first year of life may be more susceptible to percutaneous absorption of drugs and consequent systemic effects than older individuals. Derma-Smoothe/FS[®] topical oil should be used on children between the ages of 3 months and one year only if the potential benefit justifies the potential risks.

The effect of Derma-Smoothe/FS[®] topical oil on HPA axis function was investigated in 30 pediatric patients aged 3 months to 2 years. In this study, subjects with moderate to severe atopic dermatitis covering at least 20% body surface area were treated with Derma-Smoothe/FS[®] topical oil twice daily for 4 weeks. A normal functioning HPA axis was defined as a baseline morning cortisol level exceeding 5mcg/100mL, followed by a cortisol level exceeding 18 mcg/100mL with an increment of at least 7mcg/100mL above the basal level 30 minutes after stimulation with 0.125mg of cosyntropin. Of the 29 subjects with cortisol results available at the end of the study, four had abnormal post-treatment results following 28 days of treatment with Derma-Smoothe/FS[®] topical oil. Three subjects ranging in age from 5 months to 9 months, all with moderate disease covering 50-75% body surface area, had post-treatment basal cortisol levels less than 5 mcg/100mL, but the values were within the normal range for children age 2 months to 13 years based on the standard used by the reference laboratory. All three subjects had normal responses to cosyntropin stimulation. The fourth subject was a 12-month old with atopic dermatitis covering 50-75% of body surface area who had an incremental increase in cortisol of less than 7mcg/100mL but a normal cortisol level greater than 18mcg/100mL following cosyntropin stimulation. The clinical significance of these four abnormal results is not known, as all 29 subjects had a normal post-treatment, post-stimulation cortisol level greater than 18mcg/100mL. See **Clinical Trial Adverse Drug Reactions**.

Glucocorticoids decrease the hypoglycemic activity of insulin and oral hypoglycemics, so that a change in dose of the antidiabetic drugs may be necessitated. In high doses, glucocorticoids also decrease the response to somatotropin.

The usual doses of mineralocorticoids and large doses of some glucocorticoids cause hypokalemia and may exaggerate the hypokalemic effects of thiazides and high-ceiling diuretics. In combination with amphotericin-B, they also may cause hypokalemia.

Glucocorticoids appear to enhance the ulcerogenic effects of non-steroidal anti-inflammatory drugs.

They decrease the plasma levels of salicylates, and salicylism may occur on discontinuing steroids.

Glucocorticoids may increase or decrease the effects of prothrombopenic anticoagulants.

Estrogens, phenobarbital, phenytoin and rifampin increase the metabolic clearance of adrenal steroids and hence necessitate dose adjustments.

Immune

Cortisol and the synthetic analogs of cortisol have the capacity to prevent or suppress the development of the local heat, redness, swelling, and tenderness by which inflammation is recognized. At the microscopic level, they inhibit not only the early phenomena of the inflammatory process (edema, fibrin deposition, capillary dilation, migration of leukocytes into the inflamed area, and phagocytic activity) but also the later manifestations (capillary proliferation, fibroblast proliferation, deposition of collagen, and, still later, cicatrization).

Topical corticosteroids may increase the risk of infections including aggravation of cutaneous infection, masked infection and secondary infections. If concomitant skin infections develop, Derma-Smoothe/FS[®] topical oil should be discontinued until the infection has been adequately controlled.

Ophthalmologic

Topical corticosteroids should be used with caution on lesions close to the eye because systemic absorption may cause increased intraocular pressure, glaucoma or cataracts.

Avoid contact with the eyes. In case of contact, wash eyes liberally with water.

Sensitivity/Resistance

Allergic contact dermatitis with corticosteroids is usually diagnosed by observing a failure to heal rather than noticing a clinical exacerbation. Such an observation should be corroborated with appropriate diagnostic patch testing.

Skin

If significant irritation develops, Derma-Smoothe/FS[®] Topical Oil should be discontinued and appropriate therapy instituted.

The following local adverse reactions have been reported infrequently with topical corticosteroids, including fluocinolone acetonide. They may occur more frequently with the use of occlusive dressing, especially with higher potency corticosteroids and with prolonged use. The reactions are listed in approximate decreasing order of occurrence: burning, itching, irritation, dryness, folliculitis, acneiform eruptions, hypopigmentation, perioral dermatitis, allergic contact dermatitis, secondary infection, skin atrophy, striae and miliaria.

Topical corticosteroids should be used with caution on lesions of the face, groin and axillae as these areas are more prone to atrophic changes than other areas of the body. Frequent observation is important if these areas are to be treated. If skin atrophy is observed, treatment should be discontinued.

Special Populations

Pregnant Women:

Corticosteroids have been shown to be teratogenic in laboratory animals when administered systemically at relatively low dosage levels. Some corticosteroids have been shown to be teratogenic after dermal application in laboratory animals. No studies have been done on Derma-Smoothe/FS[®] Topical Oil to show teratologic effects on animals.

There are no adequate and well-controlled studies in pregnant women on teratogenic effects from Derma-Smoothe/FS[®]. Therefore, Derma-Smoothe/FS[®] should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Nursing Women:

Systemically administered corticosteroids appear in human milk and could suppress growth, interfere with endogenous corticosteroid production, or cause other untoward effects. It is not known whether topical administration of corticosteroids could result in sufficient systemic absorption to produce detectable quantities in human milk. Because many drugs are secreted in human milk, caution should be exercised when Derma-Smoothe/FS[®] Topical Oil is administered to a nursing woman.

Pediatrics:

Derma-Smoothe/FS[®] topical oil should not be used on infants under the age of 3 months.

Safety data are available for a very limited number of patients under the age of one year. See **Clinical Trial Adverse Drug Reactions** and **Clinical Trials**. Long term safety (over 28 days) in the paediatric population (children aged 3 months to 12 years) has not been established.

Derma-Smoothe/FS[®] is not indicated for use on the face or in the diaper or anogenital areas.

Application to intertriginous areas should be avoided due to the increased possibility of local adverse events such as striae, atrophy, and telangiectasia, which may be irreversible. Administration of topical corticosteroids to children should be limited to the least amount and for the shortest duration compatible with an effective therapeutic regimen.

Because of a higher ratio of skin surface area to body mass, pediatric patients are at a greater risk than adults of HPA axis suppression and Cushing's syndrome when they are treated with topical corticosteroids. They are therefore also at greater risk of adrenal insufficiency during and/or after withdrawal of treatment. As well, there is some evidence in the literature to suggest that the barrier function and water-handling properties of the stratum corneum become adult-like only after the first year of life.¹⁶ As such, infants in the first year of life may be more susceptible to percutaneous absorption of drugs and consequent systemic effects than older individuals. Derma-Smoothe/FS[®] Topical Oil should be used on children between the ages of 3 months and one year only if the potential benefit justifies the potential risks. See also **Endocrine and Metabolism**.

Adverse effects including striae have been reported with use of topical corticosteroids in infants and children. HPA axis suppression, Cushing's syndrome, linear growth retardation, delayed weight gain, and intracranial hypertension have been reported in children receiving topical

corticosteroids. Manifestations of adrenal suppression in children include low plasma cortisol levels and an absence of response to ACTH stimulation. Manifestations of intracranial hypertension include bulging fontanelles, headache, and bilateral papilledema. Chronic corticosteroid therapy may interfere with the growth and development of children.

Derma-Smoothe/FS[®] is formulated with 48% refined peanut oil NF. The peanut oil used in Derma-Smoothe/FS[®] is tested for residual protein through amino acid analysis; the acceptance criterion for total protein is no more than 0.5 parts per million. Physicians should use caution in prescribing Derma-Smoothe/FS[®] for peanut-sensitive children.

Geriatrics:

Clinical studies have not been conducted in populations >65 years of age. In general, topical corticosteroids should be used cautiously in elderly patients, reflecting their increased skin fragility and greater frequency of hepatic, renal, or cardiac dysfunction, and of concomitant disease or other drug therapy.

Monitoring and Laboratory Tests

The following tests may be helpful in evaluating patients for HPA axis suppression:

- ACTH stimulation test
- A.M. plasma cortisol test
- Urinary free cortisol test

ADVERSE REACTIONS

Adverse Drug Reaction Overview

The following local adverse reactions have been reported with topical corticosteroids and may occur more frequently with use of occlusive dressings. These reactions are listed in an approximate decreasing order of occurrence: burning, itching, irritation, dryness, folliculitis, hypertrichosis, acneiform eruptions, hypopigmentation, perioral dermatitis, allergic contact dermatitis, secondary infection, skin atrophy, striae and miliaria.

In clinical trials, one peanut sensitive child experienced a flare of his atopic dermatitis after 5 days of twice daily treatment with Derma-Smoothe/FS[®]. There have also been post-market reports of reactions to Derma-Smoothe/FS[®] topical oil attributed to peanut allergy. See **Post-Market Adverse Drug Reactions** and **CLINICAL TRIALS**.

Deaths and other Serious Adverse Events

No deaths or serious adverse events were reported in any of the studies.

Withdrawals Due to Adverse Events

One subject was withdrawn from the primary safety study in pediatric patients 3 months to 2 years of age with atopic dermatitis due to an adverse event (abscess of right antecubital area), considered not likely to be related to the study product. There were 7 withdrawals from the primary efficacy studies in pediatric patients (2 years to 12 years) with atopic dermatitis. Six (6) withdrawals were due to adverse events (disease exacerbation), 4 from the placebo group and 2 from the active treatment group. One patient from the active treatment group was removed due to a protocol violation.

Clinical Trial Adverse Drug Reactions

Because clinical trials are conducted under very specific conditions, the adverse drug reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

Atopic Dermatitis Studies

Study HD-038-PED

Safety in patients with atopic dermatitis aged 3 months to 2 years was investigated in an open-label, Phase 4 study (n=30) in which subjects were treated with Derma-Smoothe/FS[®] Topical Oil twice daily for 4 weeks. In this study, patients had moderate-severe atopic dermatitis affecting as least 20% of body surface area. Safety evaluation included assessment of hypothalamic-pituitary-adrenal (HPA) axis function 4 weeks after treatment (on Day 29) and local occurrences of adverse events. Fifteen subjects (50%) were 3 months to 1 year of age and 15 subjects were one year of age and over (up to 2.7 years of age). Seven of the 30 subjects (23.3%) were less than 6 months of age. One subject was omitted from the HPA axis assessment due to study withdrawal related to an adverse event (abscess right antecubital area).

In this study, a normal functioning HPA axis was defined as a baseline morning cortisol level exceeding 5 mcg/100 mL, followed by a cortisol level exceeding 18 mcg/100 mL with an increment of at least 7 mcg/100 mL above the basal level 30 minutes after stimulation with 0.125 mg of cosyntropin. Of the 29 subjects with cortisol results available at the end of the study, four had abnormal post-treatment results following 28 days of treatment with Derma-Smoothe/FS[®] topical oil. Three subjects ranging in age from 5 months to 9 months, all with moderate disease covering 50-75% body surface area, had post-treatment basal cortisol levels less than 5 mcg/100mL, but the values were within the normal range for children age 2 months to 13 years based on the standard used by the reference laboratory. All three subjects had normal responses to cosyntropin stimulation. The fourth subject was a 12-month old with atopic dermatitis covering 50-75% of body surface area who had an incremental increase in cortisol of less than 7mcg/100mL but a normal cortisol level greater than 18mcg/100mL following cosyntropin stimulation. The clinical significance of these four abnormal results is not known, as all 29 subjects had a normal post-treatment, post-stimulation cortisol level greater than 18mcg/100mL.

See Table below for list of adverse events from pediatric study HD-038-PED.

Table 1: Study HD-038-PED Adverse Events Report by Incidence

Body System	MedDRA Preferred Term	Incidence (N=30)
Number of subjects with at least one AE		17 (56.7%)
Gastrointestinal disorder		2 (6.7%)
	Diarrhea	1 (3.3%)
	Vomiting	1 (3.3%)
General disorder and administration site conditions		3 (10.0%)

Body System	MedDRA Preferred Term	Incidence (N=30)
	Pyrexia	3 (10.0%)
Infections and infestations		7 (23.3%)
	Nasopharyngitis	2 (6.7%)
	Abscess	1 (3.3%)
	Bite, insect	1 (3.3%)
	Molluscum	1 (3.3%)
	Otitis media	1 (3.3%)
	URI	1 (3.3%)
Respiratory, thoracic and mediastinal disorder		8 (26.6%)
	Cough	6 (20%)
	Rhinorrhea	4 (13.3%)
Skin and subcutaneous tissue disorder		5 (16.7%)
	Atopic dermatitis	1 (3.3%)
	Eczema	1 (3.3%)
	Hyperpigmentation	1 (3.3%)
	Hypopigmentation	2 (6.7%)
	Rash	1 (3.3%)

Study 25

Study 25 was a double-blind safety and efficacy study of Derma-Smoothe/FS[®] versus the Derma-Smoothe/FS[®] vehicle in the treatment of atopic dermatitis in children 2 years and older. Derma-Smoothe/FS[®] was applied twice daily for 28 days. Only one adverse event was noted in Study 25. This adverse event was slight hypopigmentation, noted at the final evaluation, 2 weeks after stopping treatment with Derma-Smoothe/FS[®]. In Study 25, a total of 84 patients completed the study.

Study 25-S

Study 25-S was an open-label safety study of Derma-Smoothe/FS[®] for the treatment of atopic dermatitis. Derma-Smoothe/FS[®] was applied twice daily for 28 days. No adverse events were observed in Study 25-S California. Four patients in Study 25-S Chicago, Cleveland, and Miami had at least one adverse event. All patients with reported adverse events were at the Chicago site: two patients had severe papules, pustules, burning, itching, and irritation at the final visit (2 weeks after stopping study medication), and two patients had mild papules and pustules at the 4th week of treatment (the last week of treatment with study medication), and moderate erythema, papules, pustules, burning, itching, and irritation at the final visit (2 weeks after stopping study medication). All adverse events had resolved soon after the end of the study, as determined by an informal follow-up by the sponsor to each investigator after termination of the study. Seven placebo treated patients had exacerbation of the disease. In Study 25-S, a total of 25 subjects completed the study.

Study 26

Study 26 was a post-marketing (open label) safety study to evaluate the effects of Derma-Smoothe/FS[®] on HPA axis suppression. A total of 15 subjects were enrolled in the safety study. One subject withdrew before week two evaluations and one subject was eliminated for a lack of cortisol levels at week four. No local adverse events were reported during Study 26. In Study 26 a total of 13 subjects completed the study.

Table 2: Study 25 and Study 25-S

	Derma-Smoothe/FS [®] N = 76 * (%)	Derma-Smoothe/FS [®] Vehicle N = 52 (%)
Integumentary		
Hypopigmentation	1 (1.3)	0
Erythema	2 (2.6)	0
Papules	6 (7.9)	0
Pustules	6 (7.9)	0
Burning	4 (5.3)	0
Itching	4 (5.3)	0
Irritation	4 (5.3)	0

* Combined Study 25 and Study 25-S (Open-label)

Post-Market Adverse Drug Reactions

The following post-market adverse drug reactions have been reported. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

- allergic reaction, reaction attributed to peanut allergy, rash, hives
- alopecia, skin irritation, itching, bumps, erythema, flaking/crusting/scaling/scabbing, blisters/sores in scalp, burning of skin and scalp
- transient corneal irritation due to accidental exposure, eye swollen, blood shot eye, burning/redness/tearing of eyes
- nausea, vomiting, diarrhea
- headache, vertigo, pain, paralysis-like episode, muscle spasms
- diabetic incident (elevated glucose)
- attempted suicide by ingestion of product
- concerned for child sucking a treated thumb

Study HD-038-PED

See **Clinical trial adverse drug reactions** section, above.

Study 26

See **Clinical trial adverse drug reactions** section, above.

Peanut Hypersensitivity Safety Study

Chicago Peanut Allergy Study

A phase 4, controlled, open label clinical study was conducted to assess the safety of Derma-Smoothe/FS[®], which contains refined peanut oil NF, on subjects with known peanut allergies. The study enrolled 13 patients with atopic dermatitis, 6 to 17 years of age. Of the 13 patients, 9 were Radioallergosorbent Test (RAST) positive to peanuts and 4 had no peanut sensitivity (controls). One of the 9 peanut-sensitive patients experienced an exacerbation of atopic dermatitis after 5 days of treatment with Derma-Smoothe/FS[®] (see **CLINICAL TRIALS** section). In the Chicago Peanut Allergy Study, a total of 12 patients completed the study.

DRUG INTERACTIONS

Overview

There are no known genetic differences in response to Derma-Smoothe/FS[®] Topical Oil for treatment of atopic dermatitis, and there are no known clinically relevant interactions with other medicinal products. There were insufficient numbers of patients in the clinical trials of Derma-Smoothe/FS[®] Topical Oil to examine potential drug-drug, drug-demographic, or drug-disease interactions.

Drug-Drug Interactions

There have been no clinical studies conducted to assess the safety of Derma-Smoothe/FS[®] Topical Oil used in combination therapy. It is recommended that Derma-Smoothe/FS[®] Topical Oil be used without the use of other medications. (see **WARNINGS AND PRECAUTIONS, Endocrine and Metabolism** for possible drug interactions with glucocorticoids in general)

DOSAGE AND ADMINISTRATION

Dosing Considerations

- Patients/caregivers should be instructed to use Derma-Smoothe/FS[®] Topical Oil for the minimum amount of time necessary to achieve the desired results because of the potential for corticosteroids to suppress the hypothalamic-pituitary-adrenal (HPA) axis and cause skin atrophy (See **Warnings and Precautions**).
- Apply the least amount of Derma-Smoothe/FS[®] Topical Oil needed to cover the affected areas.
- Paediatrics: Due to their higher ratio of skin surface area to body mass, children are at greater risk than adults of HPA axis suppression when they are treated with topical corticosteroids. **Derma-Smoothe/FS[®] should not be used on infants under the age of 3 months.** Parents of paediatric patients should be advised not to use Derma-Smoothe/FS[®] Topical Oil in the treatment of facial or diaper dermatitis. Derma-Smoothe/FS[®] Topical Oil is not indicated for use on the face or anogenital areas. Derma-Smoothe/FS[®] Topical Oil is not indicated for use in the diaper area as diapers or plastic pants may constitute occlusive dressing. Parents of paediatric patients should be advised that use of Derma-Smoothe/FS[®] Topical Oil is for topical use only, not for oral, ophthalmic, or intravaginal use.
- Geriatrics: Clinical studies have not been conducted in population ages >65 years of age. Derma-Smoothe/FS[®] Topical Oil should be used with caution in patients >65 years of

age who may be more susceptible to percutaneous absorption and the potential effects of systemic absorption.

Recommended Dose and Dosage Adjustment

- Atopic Eczema in Adults: Wet or dampen the affected area and apply a thin film of Derma-Smoothe/FS[®] Topical Oil two to three times daily, massaging in gently. For use on the scalp: Wet hair and scalp, then apply thin film of oil to entire scalp. Massage scalp and cover with supplied shower cap overnight (4 hours minimum).
- Atopic Dermatitis in Children 3 months to 12 years: Moisten skin and apply a thin film of Derma-Smoothe/FS[®] Topical Oil over the affected areas, massaging in gently twice daily for up to a maximum of 4 weeks. If no improvement is seen within 2 weeks, contact the physician.

Missed Dose

If a dose of this medication is missed, it is not necessary to make up the missed dose. Skip the missed dose and continue with the next scheduled dose.

Administration

- Avoid contact with the eyes. In case of contact, wash eyes liberally with water.
- Derma-Smoothe/FS[®] Topical Oil should not be used with occlusive dressings.

OVERDOSAGE

- Topically applied corticosteroids can be absorbed in sufficient amounts to produce systemic effects. Excessive prolonged use may suppress hypothalamic-pituitary-adrenal (HPA) axis function, resulting in secondary adrenal insufficiency, which is usually reversible. If toxic effects occur, treatment should be discontinued and symptomatic therapy administered. (See **WARNINGS** and **PRECAUTIONS**).
- If an overdose should occur, the area should be washed thoroughly with water. There is no antidote for overdose of this product.

For management of a suspected drug overdose contact your regional Poison Control Center.

ACTION AND CLINICAL PHARMACOLOGY

Mechanism of Action

Like other topical corticosteroids, fluocinolone acetonide has anti-inflammatory, antipruritic, and vasoconstrictive properties. The mechanism of the anti-inflammatory activity of the topical steroids is unclear. However, corticosteroids are thought to act by the induction of phospholipase A₂ inhibitory proteins, collectively called lipocortins. It is postulated that these proteins control the biosynthesis of potent mediators of inflammation, such as prostaglandins and leukotrienes by inhibiting the release of their common precursor arachidonic acid. Arachidonic acid is released from membrane phospholipids by phospholipase A₂.

Pharmacodynamics

The pathways by which topical steroids improve atopic dermatitis are not clearly understood. No studies involving the pharmacodynamics of the active fluocinolone acetonide or the drug product Derma-Smoothe/FS[®] Topical Oil have been performed.

Pharmacokinetics

No studies in pharmacokinetics, absorption, distribution, excretion, or metabolism involving the active fluocinolone acetonide or the drug product Derma-Smoothe/FS[®] Topical Oil have been performed. Pharmacokinetic properties of the drug class of topically applied corticosteroids remain incompletely understood.

Absorption:

Topically applied corticosteroids may be absorbed percutaneously; percutaneous absorption of topical steroids is determined by many factors including the vehicle, thickness of the stratum corneum, presence of skin disease, skin hydration, and integrity of the epidermal barrier. Topical corticosteroids can be absorbed through normal skin.

Distribution:

Dermally applied corticosteroids are distributed throughout the skin, although the distribution in the skin depends on their percutaneous absorption. Percutaneously absorbed corticosteroids can also be distributed throughout the body, entering the systemic circulation via the dermal microcirculation.

Metabolism:

The viable epidermis is known to be metabolically active and contains many of the enzymes also found in the liver, including a cytochrome P450 system which may be inducible. Steroids may undergo hydrolysis within the epidermis; sulphate conjugation also occurs. The importance of dermal metabolism of steroids to their mechanism of action is unknown.

Systemically, 90% or more of glucocorticoids is reversibly bound to protein under normal circumstances. Corticosteroid-binding globulin and albumin account for most of the plasma steroid-binding capacity. Topically applied corticosteroids undoubtedly undergo further systemic metabolic processes. All of the biologically active adrenocortical steroids and their synthetic congeners have a double bond in the 4,5 position and a ketone group at C3. Reduction of the 4,5 double bond occurs at both hepatic and extrahepatic sites, yielding inactive compounds. Reduction of the 3-ketone constituent occurs only in the liver.

Excretion:

Systemically distributed steroids are excreted in the urine as water-soluble esters and glucuronides. Neither biliary nor fecal excretion is of quantitative importance in humans. Topical steroids may also remain on the surface of the skin and may be eliminated by washing them off the skin.

STORAGE AND STABILITY

Recommended storage condition for Derma-Smoothe/FS[®] Topical Oil is at controlled room temperature of approximately 25° C excursions permitted to 15°-30°C (59°-86°F). Derma-Smoothe/FS[®] Topical Oil has a full shelf life of 18 months under the required storage conditions.

Keep out of reach of children and pets. Unused medication should not be disposed of down the drain or in household garbage.

DOSAGE FORMS, COMPOSITION AND PACKAGING

Dosage Forms: Topical Oil

Composition:

Medicinal: Fluocinolone acetonide, 0.01% w/v

Non-medicinal:

Balsam Pine Fragrance # 5124

Cream Fragrance # 362411

Isopropyl Alcohol USP

Isopropyl Myristate NF

Mineral Oil Light NF

Oleth-2

Peanut Oil Refined NF

Packaging:

Derma-Smoothe/FS[®] Topical Oil is provided in two packaging configurations. The composition of both packaging configurations are identical:

- Derma-Smoothe/FS[®] Topical Oil, Topical Use – for the Body only, is supplied in bottles containing 118.28ml (4 fl. oz.).
- Derma-Smoothe/FS[®] Topical Oil, Topical Use – for the Scalp only, is supplied in bottles containing 118.28ml (4 fl. oz.) with shower cap included.

PART II: SCIENTIFIC INFORMATION

PHARMACEUTICAL INFORMATION

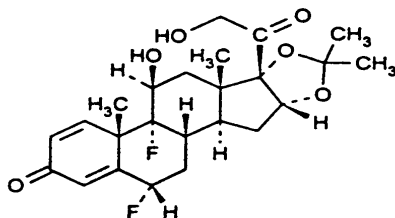
Drug Substance

Proper Name: Fluocinolone acetonide

Chemical Name: 6 α ,9 α -Difluoro-11 β ,16 α ,17,21-tetrahydroxypregna-1,4-diene-3,20-dione cyclic 16,17-acetal with acetone

Molecular Formula and Molecular Mass: C₂₄H₃₀F₂O₆, 452.50

Structural Formula:



Physicochemical Properties:

Physical Form: White, crystalline powder that is odorless; stable in light.

Solubility: Fluocinolone acetonide is soluble in alcohol, acetone and methanol; slightly soluble in chloroform; insoluble in water.

Melting Point: Melts at about 270°C, with decomposition.

Storage: Store in well-closed containers, protected from light, at temperatures not exceeding 25°C

CLINICAL TRIALS

Study Demographics and Trial Design

Study HD-038-PED An Open-label Safety Study of Derma-Smoothe/FS[®] Topical Oil in Pediatric Patients, 3 months to 2 years of age, with Atopic Dermatitis

The primary objective of this study was to evaluate the potential of Derma-Smoothe/FS[®] Topical Oil to suppress the hypothalamic-pituitary-adrenal (HPA) axis. The study was an open-label, Phase 4 trial with pediatric patients, 3 months to 2 years of age, with moderate-severe atopic dermatitis covering at least 20% body surface area. Derma-Smoothe/FS[®] Topical Oil was applied as a thin film on all affected areas and massaged gently into moistened skin, twice daily for a period of 4 weeks (28 days). Efficacy parameters were incorporated as secondary objectives into the study design to ensure the doses applied to the test areas were therapeutically effective. The investigator evaluated individual signs and symptoms (pruritus, prurigo, eczematous lesions and lichenification), global severity and global response at each visit, including one week after discontinuation of treatment (Day 35). Each subject's parents were also asked to assess the child's pruritus and global improvement in the disease.

Of the 30 patients in the intent-to-treat (ITT), population, 29/30 (97%) completed the study; one patient did not complete the study due to an adverse event (abscess on the right antecubital area). Fifteen subjects (50%) were 3 months to 1 year of age and 15 subjects were one year of age and over (up to 2.7 years of age). Seven of the 30 subjects (23.3%) were less than 6 months of age.

Table 1: Reasons for Patient-Withdrawal from the Study

	N
Number of subjects enrolled	32
Number of subjects who did not complete study:	4
Baseline pre-stimulation cortisol level < 5 mcg/dL †	1
Did not return for baseline cortisol evaluation †	1
Did not return for final F/U visit	1
Discontinued for Adverse Event at Day 14	1
ITT Population	30

† These subjects did not receive study drug and were not included in the ITT population

Table 2: Summary of ITT Population Demographics

Gender:	Male	15 (50%)
	Female	15 (50%)
Race:	Caucasian	7 (23.3%)
	African American	10 (33.3%)
	Asian	6 (20.0%)
	Other	7 (23.3%)
Age (yrs):	Mean	1.1
	SD	0.7
	Min-Max	0.3-2.7

Study Results

See **Clinical trial adverse drug reactions** section for HPA axis (safety) results.

No hypothesis testing was planned in the study protocol. For ITT efficacy analysis population, the missing values were replaced using the last observation carried forward (LOCF) technique.

All efficacy parameters exhibited improvements from baseline at Day 14 and Day 29, suggesting that the dose of the study drug administered was in the therapeutic range.

Table 3: Investigator Evaluations of Signs and Symptoms at Baseline, Day 14 and Day 29
(mean scores)

Parameter	Baseline Score (N=30)	Day 14 (N=30)	Day 29 (N=30)
Pruritus	2.07	0.77	0.40
Prurigo	0.70	0.33	0.17
Lichenification	1.37	0.70	0.40
Eczema	2.10	1.17	0.63

Scale: 0=None, 1=Mild, 2=Moderate, 3=Severe

Table 4: Distribution of Global Improvement Ratings at Day 14 and Day 29 compared to baseline

Time	N	Number of Patients with a Rating of:						
		Complete Clearing (100% improvement)	Excellent Response (75%-99% improvement)	Good Response (50%-74% improvement)	Fair Response (25%-49% improvement)	Slight Response (<25% improvement)	No Change	Exacerbated
Day 14*	29	1 (3%)	10 (35%)	13 (45%)	2 (7%)	2 (7%)	1(3%)	0
Day 29	30	12 (40%)	7 (23%)	10 (33%)	1 (3%)	0	0	0

* One subject did not have Day 14 values

Table 5: Distribution of Global Severity Assessments at Baseline, Day 14 and Day 29

Time	N	Number of Patients with a Rating of:			
		None	Mild	Moderate	Severe
Baseline	30	0	0	27 (90%)	3 (10%)
Day 14	30	1 (3%)	23 (77%)	6 (20%)	0
Day 29	30	12 (40%)	16 (54%)	2 (7%)	0

Table 6: Investigator Evaluation of Disease Status at Follow-up Visit (Day 35)

Disease Status	Number of Subjects (N=28)
Patient is totally clear of atopic dermatitis signs and/or symptoms.	5
Patient has residual signs and/or symptoms that do not require further treatment.	7
Although signs/symptoms were gone at the last visit, patient now requires further treatment for atopic dermatitis.	13
Patient was not cleared at any point during the study and requires further treatment for atopic dermatitis.	3

Parent assessments of pruritus also indicated improvement over the duration of the study. The parents assessed approximately 44% of the subjects were clear to almost clear of disease at Day

14, and 76% were clear or almost clear by Day 29. The parent assessment demonstrated all subjects had shown marked or better improvement by Day 29.

Study 25 Double-Blind Comparative Efficacy and Safety Study Comparing Derma-Smoothe/FS[®] Topical to its Vehicle in the Treatment of Atopic Dermatitis in Pediatric Patients

A phase 3 double-blind clinical study was conducted to assess the efficacy and safety of Derma-Smoothe/FS[®] Topical Oil in the treatment of Atopic Dermatitis in children 2 years and older. Of the 102 subjects who were enrolled in the study, 4 did not return after the 2-week washout (and did not receive the study drug) and one did not return after the baseline visit. Six subjects suffered disease exacerbation during the study and were terminated because of protocol violations (required disallowed medications). Of the subjects included in the Intend-To-Treat (ITT) population, 46/49 (94%) of the active subjects completed the study, as did 41/45 (91%) of the vehicle-treated subjects. All seven subjects who did not complete the study did so because of disease exacerbation, which required treatment with disallowed medication. Derma-Smoothe/FS[®] Topical Oil was applied to the affected areas twice daily for 28 days.

Table 7: Demographic and Baseline Information

Parameter	Treatment Group	Miami	Atlanta	p-value	Chicago	St. Louis	p-value
Age (yrs) (M ± SE)	Active	6.14 ± 3.05	5.53 ± 2.50	0.530 ^a	6.57 ± 1.83	3.50 ± 2.26	0.024 ^a
	Vehicle	6.76 ± 3.58	6.27 ± 4.03	0.714 ^a	4.71 ± 1.98	3.50 ± 1.38	0.233 ^a
Sex	Active Male	8	6	0.908 ^b	2	5	0.048 ^b
	Female	13	9		5	1	
	Active Male	10	8	0.755 ^b	2	4	0.170 ^b
	Female	7	7		5	2	
Race	Active White	6	2	0.351 ^b	3	2	0.135 ^b
	Black	14	13		1	4	
	Hispanic	1	0		2	0	
	Active White	2	1	0.324 ^b	3	1	0.296 ^b
	Black	13	14		3	5	
	Hispanic	2	0		1	0	

^at-test

^bchi square test

Table 8: Subjects Enrolled in Study 25.

Subject Status	Treatment Group	Miami	Atlanta	Chicago	St. Louis	East	West
Enrolled	Active	21	15	7	7	36	14
	Vehicle	22	15	8	7	37	15
Did not return after washout	Active	0	0	0	1	0	1
	Vehicle	2	0	1	0	2	1
Did not return after baseline	Active	0	0	0	0	0	0
	Vehicle	0	0	0	1	0	10
No evaluations after baseline	Active	0	0	0	0	0	0
	Vehicle	3	0	0	0	3	0
ITT analysis population	Active	21	15	7	6	36	13
	Vehicle	17	15	7	6	32	13
Did not complete study ^a	Active	1	0	1	1	1	2
	Vehicle	0	0	4	0	0	4
Completed Study	Active	20	15	6	5	35	11
	Vehicle	17	15	3	6	32	9

^a subjects experienced disease exacerbation and required disallowed medications

Study Results

After one week of treatment (week 1 visit), there were statistically significant differences between the active (Derma-Smoothe/FS[®]) and vehicle groups for all four parameters, all in favour of the active group: erythema (p=0.0062); scaling (p=0.0021); lichenification (p=0.0027); and pruritus (p=0.0009).

Table 9: East Study: Summary of Efficacy Parameter Scores at Baseline, Week 1, and Week 2^a

Parameter	Treatment Group	Baseline		Week 1 (mean ± SD) (median)		Week 2 (mean ± SD) (median)	
		Mean ± SD	p =	Mean ± SD	p ^b =	Mean ± SD	p ^b =
Erythema	Active (N=36)	1.11 ± 0.91 1.00	p = 0.76	0.29 ± 0.50 0.00	p ^b = 0.0062	0.09 ± 0.25 0.00	p ^b = 0.0274
	Vehicle (N=32)	1.06 ± 0.84 1.00		0.73 ± 0.68 0.87		0.50 ± 0.56 0.25	
Scaling	Active (N=36)	1.80 ± 0.51 2.00	p = 0.608	0.92 ± 0.58 1.00	p = 0.0021	0.46 ± 0.49 0.33	p = 0.0012
	Vehicle (N=32)	1.92 ± 0.72 2.00		1.55 ± 0.89 1.87		1.06 ± 0.77 1.00	
Lichenification	Active (N=36)	1.92 ± 0.54 2.00	p = 0.084	1.28 ± 0.73 1.00	p = 0.0027	0.84 ± 0.54 1.00	p = <0.0001
	Vehicle (N=32)	2.23 ± 0.68 2.00		1.89 ± 0.79 2.00		1.65 ± 0.80 2.00	
Pruritus	Active (N=36)	1.62 ± 0.87 2.00	p = 0.406	0.53 ± 0.64 0.29	p = 0.0009	0.19 ± 0.32 0.00	p = 0.0001
	Vehicle (N=32)	1.85 ± 0.85 2.00		1.23 ± 0.91 1.00		0.87 ± 0.86 1.00	

^a Difference in mean values tested by Mann Whitney U test

^b p-value based on testing differences from baseline.

Except for the parameter erythema, the between group differences at week 1 were significantly in favour of the active group: scaling (p=0.0136); lichenification (p= 0.0057); and pruritus (p=0.0382). These differences remained statistically in favor of the active group at week 2: scaling (p=0.0079); lichenification (p= 0.0085); and pruritus (p=0.0324). The between group differences for erythema at both week 1 and week 2 were numerically in favor of the active group, but were not statistically significant. The lack of significance may be due to the small number of subjects in the analysis.

Table 10: West Study: Summary of Efficacy Parameter Scores at Baseline, Week 1, and Week 2

Parameter	Treatment Group	Baseline		Week 1		Week 2	
				(mean ± SD)	(median)	(mean ± SD)	(median)
Erythema	Active (N=36)	1.46 ± 0.60	p = 0.7373	1.09 ± 0.61	P = 0.1137	0.91 ± 0.74	p = 0.1578
	Vehicle (N=32)	1.49 ± 0.65 1.67		1.46 ± 0.69 1.33		1.37 ± 0.88 1.33	
Scaling	Active (N=36)	1.60 ± 0.61	p = 0.7952	1.11 ± 0.69	P = 0.0136	0.93 ± 0.71	P = 0.0079
	Vehicle (N=32)	1.73 ± 0.42 1.83		1.73 ± 0.50 2.00		1.68 ± 0.63 2.00	
Lichenification	Active (N=36)	1.34 ± 0.84	p = 0.6601	1.03 ± 0.55	P = 0.0057	0.84 ± 0.62	P = 0.0085
	Vehicle (N=32)	1.63 ± 0.38 1.67		1.62 ± 0.39 1.67		1.51 ± 0.61 1.75	
Pruritus	Active (N=36)	1.82 ± 0.64	p = 0.4195	1.05 ± 0.68	P = 0.0382	0.82 ± 0.71	P = 0.0324
	Vehicle (N=32)	1.63 ± 0.86 1.83		1.56 ± 0.73 2.00		1.54 ± 0.86 1.83	

The Global Assessment at Week 1 and Week 2 indicate a statistically significant differences between the active (Derma-Smoothe/FS[®]) and vehicle groups for disease clearing, in favour of the active group: Week 1 (p=<0. 001) and Week 2 (p=0.003).

Table 11 East Study: Global Assessment at Week 1 and Week 2								
Treatment Group	Cleared (1)	Excellent (2)	Good (3)	Fair (4)	Slight (5)	No Change (6)	Exacerbation (7)	p-value ^a
Week 1^b								
Active (N=36)	0	10	11	8	5	0	0	<0.001
Vehicle (N=32)	0	0	5	6	12	5	3	
Week 2^b								
Active (N=36)	4	15	11	1	3	0	1	0.003
Vehicle (n=32)	1	3	10	4	13	1	0	

^a the p-values represented are those obtained from the chi-square analysis the above matrices, which contain empty cells. A second analysis was performed after coalescing the cleared-excellent-good cells and the slight-no change-exacerbation cells for the above matrices. The p-values were <0.0001 and 0.0014, respectively.

^bWeek 1: 2 active and 1 vehicle subject had no assessment

Week 2: 1 active subject had no assessment

Table 12: West Study: Global Assessment at Week 1 and Week 2								
Treatment Group	Cleared (1)	Excellent (2)	Good (3)	Fair (4)	Slight (5)	No Change (6)	Exacerbation (7)	p-value ^a
Week 1^b								
Active (N=13)	1	1	6	3	0	0	1	0.0156
Vehicle (N=13)	0	1	0	1	1	4	5	
Week 2^b								
Active (N=13)	1	5	4	0	0	0	1	0.065
Vehicle (n=13)	0	1	1	0	1	3	3	

^a the p-values represented are those obtained from the chi-square analysis the above matrices, which contain empty cells. A second analysis was performed after coalescing the cleared-excellent-good cells and the slight-no change-exacerbation cells for the above matrices. The p-values were 0.0001 and 0.0018, respectively.

^bWeek 1: 1 active and 1 vehicle subject had no assessment

Week 2: 2 active and 4 vehicle subjects had no assessment

Study 25-S Open-Label Safety Study on Derma-Smoothe/FS[®] Topical Oil on Pediatric Patients with Atopic Dermatitis

Study 25-S assessed suppression of the hypothalamic-pituitary-adrenal (HPA) axis in the paediatric population with atopic dermatitis. Twenty-six patients were exposed to Derma-Smoothe/FS[®] only as part of the open-label study design. Patients were to apply Derma-Smoothe/FS[®] twice daily for a total of 4 weeks; at the end of 4 weeks cortisol testing was conducted to evaluate HPA axis suppression. Of the 26 subjects who were enrolled, 25 subjects completed the study. Of the 25 who completed the study, only 21 subjects had evaluable cortisol

results. No evidence of suppression of the HPA axis was observed in pediatric patients following treatment with Derma-Smoothe/FS[®] Topical Oil twice daily for 4 weeks.

Table 13: Cortisol Concentrations (ug/dL) Before and After Adrenal Stimulation: Start of Study and After 4 Weeks of Treatment with Derma-Smoothe/FS[®] Study 25-S California			
	At Start of Study (N=11)	After 4 Weeks of Treatment (N=11)	Week 0 vs. Week 4 ^c p value ^a
Cortisol Concentration at Baseline (SD)^b	12.09 (3.87)	10.73 (1.96)	0.185
Cortisol Concentration Following Stimulation (SD)	25.30 (3.60)	24.51 (1.93)	0.408
Increase in Cortisol After Stimulation	13.21 (5.00)	13.78 (2.25)	0.742

^a p-value from paired t-test

^b Baseline value is value prior to stimulation

^c Day 28: 7 day post-treatment evaluation

Table 14: Cortisol Concentrations (ug/dL) Before and After Adrenal Stimulation: Start of Study and After 4 Weeks of Treatment with Derma-Smoothe/FS[®] Study 25-S Chicago, Cleveland, and Miami			
	At Start of Study (N=10)	After 4 Weeks of Treatment (N=10)	Week 0 vs. Week 4 ^c p value ^a
Cortisol Concentration at Baseline (SD)^b	11.00 (3.95)	11.76 (3.28)	0.444
Cortisol Concentration Following Stimulation (SD)	28.84 (6.74)	26.07 (5.20)	0.056
Increase in Cortisol After Stimulation	17.84 (9.67)	14.28 (5.60)	0.091

^a p-value from paired t-test

^b Baseline value is value prior to stimulation

^c Day 28: 7 day post-treatment evaluation

Study 26 HPA Axis Open-Label Safety Study on Derma-Smoothe/FS[®] on Pediatric Patients with Atopic Dermatitis (2 to 5 years)

A phase 4, open label clinical study was conducted to assess the safety of Derma-Smoothe/FS[®] Topical Oil used twice daily for 28 days in children 2 years and older with atopic dermatitis. Fifteen subjects between the ages of 2 and 5 were enrolled in Study 26. Of the 15 enrolled, 13 completed the study. No HPA axis suppression was observed following treatment of Derma-Smoothe/FS[®] Topical Oil.

Table 15: Cortisol Concentrations (ug/dL) Before and After Adrenal Stimulation: Start of Study and After 4 Weeks of Treatment with Derma-Smoothe/FS[®] Study 26			
	At Start of Study (N=13)	After 4 Weeks of Treatment (N=13)	Week 0 vs. Week 4 p value ^a
Cortisol Concentration at Baseline (SD)^b	10.73 (5.01)	9.35 (3.82)	0.376
Cortisol Concentration Following Stimulation (SD)	26.12 (2.97)	24.20 (3.79)	0.153
Increase in Cortisol After Stimulation	15.39 (4.81)	14.85 (3.10)	0.647

^a p-value from paired t-test

^b Baseline value is value prior to stimulation

Hypersensitivity Safety Study

Chicago Peanut Allergy Study

A phase 4 controlled, open label clinical study was conducted to assess the safety of Derma-Smoothe/FS[®], which contains refined peanut oil NF, on subjects with known allergies. The study enrolled 13 patients with atopic dermatitis, 6 to 17 years of age. Of the 13 patients, 9 were Radioallergosorbent Test (RAST) positive to peanuts and 4 had no peanut sensitivity (controls). The study evaluated the responses to both prick test and patch test utilizing refined peanut oil NF, Derma-Smoothe/FS[®] and histamine/saline controls, on the 13 individuals. These subjects were also treated with Derma-Smoothe/FS[®] twice daily for 7 days.

Prick test and patch test results for all 13 patients were negative to Derma-Smoothe/FS[®] and the refined peanut oil NF. One of the 9 peanut-sensitive patients experienced an exacerbation of atopic dermatitis after 5 days of Derma-Smoothe/FS[®]. Importantly, the bulk peanut oil NF, used in Derma-Smoothe/FS[®] is heated at 475°F for at least 15 minutes, which should provide for adequate decomposition of allergenic proteins. The peanut oil used in Derma-Smoothe/FS[®] is tested for residual protein through amino acid analysis; the acceptance criterion for total protein is no more than 0.5 parts per million.

DETAILED PHARMACOLOGY

Like other topical corticosteroids, fluocinolone acetonide has anti-inflammatory, antipruritic, and vasoconstrictive properties. The mechanism of the anti-inflammatory activity of the topical steroids in general is unclear. One factor may be the ability of the glucocorticoids to

inhibit the recruitment of neutrophils and monocyte-macrophages into the affected area. Glucocorticoid also decreases the adherence of neutrophils to nylon fibers, indicating decreased tendency of neutrophils to adhere to capillary endothelial cells in areas of inflammation. Although steroids do not affect the production of macrophage migratory inhibitory factor (MIF), it blocks the effect of MIF on macrophages so that the movements of these cells are no longer restricted hence they do not accumulate locally. Evidence also show that glucocorticoids induce the production of a protein that inhibits phospholipase A₂, reducing the release of arachidonic acid from phospholipids, in turn decreasing the formation of prostaglandins, leukotrienes, endoperoxides and thromboxane which plays an important role in chemotaxis and inflammation.

MICROBIOLOGY

Investigative studies showing pharmacokinetic, toxicology and microbiological aspects have not been carried out for Derma-Smoothe/FS[®].

TOXICOLOGY

No nonclinical studies were performed to assess the toxicology, genotoxicity, carcinogenicity, reproductive or developmental toxicity, or local tolerance of fluocinolone acetonide or Derma-Smoothe/FS[®] Topical Oil. However, some corticosteroids are associated with several toxic effects; they are summarized below.

- **Genotoxicity**
Some corticosteroids have been found to be genotoxic in various genotoxicity tests (e.g., the *in vitro* human peripheral blood lymphocyte chromosome aberration assay with metabolic activation, the *in vivo* mouse bone marrow micronucleus assay, the Chinese hamster micronucleus test, and the *in vitro* mouse lymphoma gene mutation assay).
- **Reproductive and Developmental Toxicity**
Corticosteroids have been shown to be teratogenic in laboratory animals when administered systemically at relatively low dosage levels. Some corticosteroids have been shown to be teratogenic after dermal application in laboratory animals. The relationship between corticosteroid use and teratogenicity in humans is unclear.
- **Local Tolerance**
Skin thinning (atrophy) has been shown after fluocinolone acetonide administration on mouse tail epidermis and on the dorsal skin of hairless dogs. This activity may correlate with the activity of fluocinolone acetonide in treating atopic dermatitis.

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PART III: PATIENT MEDICATION INFORMATION

Derma-Smoothe/FS[®] Fluocinolone acetonide Topical Oil 0.01% w/v

This leaflet is part III of a three-part “Product Monograph” published when Derma-Smoothe/FS[®] Topical Oil was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about Derma-Smoothe/FS[®] Topical Oil. Contact your doctor or pharmacist if you have any questions about the drug.

ABOUT THIS MEDICATION

What the medication is used for:

Derma-Smoothe/FS[®] Topical Oil is indicated for the treatment of atopic eczema in adults.

Derma-Smoothe/FS[®] Topical Oil is also indicated for the treatment of atopic dermatitis in children 3 months to 12 years. Derma-Smoothe/FS[®] Topical Oil is not to be used on the face or in the diaper or anogenital area. It may be used for a maximum of 4 weeks on the body. Derma-Smoothe/FS[®] Topical Oil should not be used on infants under the age of 3 months.

What it does:

Derma-Smoothe/FS[®] is a topical corticosteroid, which reduces inflammation (swelling), redness and itching.

When it should not be used:

Do not use Derma-Smoothe/FS[®] Topical Oil if you (or your child):

- are allergic to fluocinolone acetonide, other corticosteroids, or to any of the other ingredients in Derma-Smoothe/FS[®] Topical Oil. Derma-Smoothe/FS[®] Topical Oil contains refined peanut oil.
- have viral (e.g. herpes simplex, chickenpox), bacterial, fungal or parasitic infections, or skin changes related to tuberculosis infection, syphilis or vaccinations.

Do not apply Derma-Smoothe/FS[®] Topical Oil in or near the eye.

What the medicinal ingredient is:

Fluocinolone acetonide

What the non-medicinal ingredients are:

Refined Peanut Oil NF, Mineral Oil Light, Oleth-2, Isopropyl Myristate, Isopropyl Alcohol, Cream Fragrance, and Balsam Pine Fragrance.

The peanut oil used in Derma-Smoothe/FS[®] is tested for residual protein through amino acid analysis; the acceptance criterion for total protein is no more than 0.5 parts per million.

What dosage forms it comes in:

Topical Oil

Derma-Smoothe/FS[®] Topical Oil is provided in two

packaging configurations. The composition of both packaging configurations are identical:

- Derma-Smoothe/FS[®] Topical Oil, Topical Use – for the Body only, is supplied in bottles containing 118.28ml (4 fl. oz.).
- Derma-Smoothe/FS[®] Topical Oil, Topical Use – for the Scalp only, is supplied in bottles containing 118.28ml (4 fl. oz.) with shower cap included.

WARNINGS AND PRECAUTIONS

Topical corticosteroids when used over large areas for prolonged periods and under an occlusive dressing can be absorbed into the bloodstream and cause reversible adrenal suppression. Children and infants are particularly susceptible to adrenal suppression related to use of topical corticosteroids.

Before using Derma-Smoothe/FS[®] Topical Oil, talk to your doctor or pharmacist if:

- your child is between 3 months and one year of age.
- you or your child has a peanut allergy or sensitivity.
- you have other inflammatory skin diseases as a result of impaired circulation (stasis dermatitis).
- you are pregnant or planning to become pregnant.
- you are breast feeding.

Avoid getting Derma-Smoothe/FS[®] Topical Oil in the eye, or other mucous membrane.

Do not use occlusive dressings such as a bandage, or cover the treated areas tightly.

Derma-Smoothe/FS[®] Topical Oil should not be used to treat diaper dermatitis. Derma-Smoothe/FS[®] Topical Oil should not be applied to the diaper area as diapers or plastic pants may constitute occlusive dressing.

Derma-Smoothe/FS[®] Topical Oil should be used with caution on the underarm or groin. This medication is not recommended for use on the face.

If you are over 65 years of age, use Derma-Smoothe/FS[®] Topical Oil with caution.

INTERACTIONS WITH THIS MEDICATION

Tell your doctor or pharmacist about all your other medications, including medicines that you bought without a prescription and natural health products. Especially if you are taking the following medications:

- insulin, or medications for high blood sugar,
- diuretics (water pills),
- amphotericin-B (an anti-fungal medication),
- non-steroidal anti-inflammatory medications, salicylates (e.g. aspirin),
- blood thinning medications,
- estrogen,
- phenobarbital or phenytoin (anti-seizure medications)

- rifampin (antibiotic).

Since it is not known if Derma-Smoothe/FS[®] Topical Oil can be used with other treatments, it is recommended that Derma-Smoothe/FS[®] not be used with other treatments.

PROPER USE OF THIS MEDICATION

Not for oral, ophthalmic, or intravaginal use.

Usual dose:

Apply the least amount of Derma-Smoothe/FS[®] Topical Oil needed to cover the affected area. Avoid contact with the eyes. In case of contact, wash eyes liberally with water. Do not use Derma-Smoothe/FS[®] Topical Oil with occlusive dressings, diapers or plastic pants.

For Adult Atopic Eczema:

Moisten the affected area with water. Apply a thin film of Derma-Smoothe/FS[®] Topical Oil to the affected area and massage in gently. Use two to three times daily. For use on the scalp: Wet hair and scalp, then apply thin film of oil to entire scalp. Massage scalp and cover with supplied shower cap overnight (4 hours minimum).

For Atopic Dermatitis in Children 3 months to 12 years.

Moisten the affected area with water. Apply a thin film of Derma-Smoothe/FS[®] Topical Oil to the affected area and massage in gently. Use twice daily for a maximum of 4 weeks. Do not use on the face or in the diaper or anogenital area. If no improvement is seen within 2 weeks, contact your child's doctor.

Overdose:

If you have applied more Derma-Smoothe/FS[®] Topical Oil than you should, wash thoroughly with water and contact your doctor or your nearest poison control centre, or go to the emergency room of your local hospital.

Missed Dose:

If a dose of this medication is missed, it is not necessary to make up the missed dose. Skip the missed dose and continue with the next scheduled dose.

SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Common side effects with Derma-Smoothe/FS[®] Topical Oil include:

- redness, burning, itching, irritation, rash
- loss of skin colour (hypopigmentation)
- darkening of skin colour (hyperpigmentation)
- abscess (skin infection)

There have been reports of reactions to Derma-Smoothe/FS[®] Topical Oil in children thought to be related to peanut allergy.

Other side effects reported with the use of topical corticosteroids in general include:

- dryness, inflammation of hair follicles, abnormal hair growth
- stretch marks
- secondary infection, acne
- allergic skin reaction
- miliaria (heat rash)
- skin thinning
- rash around the mouth
- increased blood sugar

Serious side effects such as Cushing's syndrome (a hormonal disorder) may be associated with systemic absorption from improper or excessive use of topical corticosteroids. Adrenal suppression, linear growth retardation, delayed weight gain and intracranial hypertension (increased pressure around the brain) have also been reported with the use of topical corticosteroids in infants and children.

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect	Talk with your doctor or pharmacist		Stop taking drug and call your doctor or pharmacist
	Only if severe	In all cases	
There have been no reported Serious Side Effects during clinical trials.			
Allergic Reaction: Failure to heal or flare up of existing condition, new rash, hives, swelling of mouth or tongue.			✓
Cushing's syndrome: associated with systemic absorption from improper or excessive use of topical corticosteroids.			✓
Severe headache or change in vision/double vision in children or abnormal bulging of the soft spots of the head (fontanelles) in infants.			✓

This is not a complete list of side effects. For any unexpected effects while taking Derma-Smoothe/FS[®] Topical Oil, contact your doctor or pharmacist.

HOW TO STORE IT

Keep tightly closed. Store at 25°C (77°F); excursions permitted to 15°-30°C (59°-86°F) [see USP Controlled Room Temperature].

Keep out of the reach of children and pets.

Medicines should not be disposed of down the drain or in household garbage. Ask your pharmacist how to dispose of

medicines no longer required. These measures will help to protect the environment.

Reporting side effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- [Visiting](https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html) the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

MORE INFORMATION

This document plus the full product monograph, prepared for health professionals can be found by contacting the sponsor:
Hill Dermaceuticals, Inc.
At: 1-800-344-5707

This leaflet was prepared by Hill Dermaceuticals, Inc.

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